



# NOTA ANNUAL REPORT

**JULY 2023-JUNE 2024**

PREPARED BY:  
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**NOTA, INC. PRESIDENT**

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# A Message from the President

**Lindsay Tuxhorn, OTD, OTR/L**



The past year has been another year of growth for the Nebraska Occupational Therapy Association. Each year that I've served as President, I've seen our organization achieve great things and this past year has been no different. A quote by James Cash Penney states "Growth is never by mere chance, it is the result of forces working together." Every year, I see the forces of great OT practitioners working together to achieve results. This past year we worked hard on legislation to prohibit Multiple Procedure Payment Reduction for therapy services and although we were not able to get this legislation through, we grew in our strength of relationships with our fellow therapy groups as well as our relationships with senators. We also had some amazing forces working together to hold our first one-day conference in Kearney and hosted a fall fundraising event at Glacial Till in Ashland. These are some of the outward products of the growth of our organization, but behind the scenes our full Board is constantly working to protect and advance the profession. There have been countless meetings with insurance companies, senators, and other professional organizations to address a variety of topics. Although this fiscal year is the end of my role as President, I know that NOTA will continue to grow and thrive with the leadership that is in place. We are already working on our scope of practice project and I can't wait to see the great things that will continue to happen. Thank you to everyone who has supported NOTA during my time as President. All of you make up the forces that continuously work together to make our organization grow!

# Meet Our Executive Board <sup>04</sup>

## Voting Executive Board Positions

1	President
2	Vice President of Academia
3	Vice President of Acute Care
4	Vice President of Hands & Orthopedics
5	Vice President of Mental Health & Wellness
6	Vice President of Neuro-Rehabilitation
7	Vice President of Pediatrics
8	Vice President of Policy & Advocacy
9	Vice President of Rural Health & Community Services
10	Vice President of School-Based Practice
11	Vice President of Skilled Care, LTC, & Home Health
12	Secretary
13	Treasurer

## Non Voting Officers

14	Past President
15	Administrative Assistant (Contracted)
16	Lobbyist (Contracted)
17	AOTA RA Rep (AOTA Vote)
18	Conference Chair 1
19	Conference Chair 2

## 2023-2024 Board Members

Lindsay Tuxhorn
Tara Ruppert
Latisha Rankin
Lauren Erickson
Kylie Widhelm
Rebecca Kinnison
Emmilie Kosiba
Candice Mullendore
Justin Young
Amy Schnacker
Nicole Chipy
Erin Westover
Miranda Little

## 2024-2025 Board Members

Erin Westover
Tara Ruppert
Kristin Mills
Lauren Erickson
Michael Tambone
Rebecca Kinnison
Emmilie Kosiba
Candice Mullendore
Amanda Hegy
Amy Schnacker
Nicole Chipy
Megan Classen
Kylie Widhelm

Lindsay Tuxhorn

Kristin Gzehoviak

Julie Erickson

Amanda Wise

Lauren Erickson

Open

Lindsay Tuxhorn

Kristin Gzehoviak

Julie Erickson

Amanda Wise

Lauren Erickson

TBD

# Vision & Mission

## VISION

We envision the Nebraska Occupational Therapy Association as a collaborative community of occupational therapy leaders who emphasize the distinct value of occupational therapy in maximizing quality of life through participation in meaningful occupations that promote recovery, rehabilitation, and wellness.

## MISSION

The mission of the Nebraska Occupational Therapy Association is to advance the occupational therapy profession in Nebraska through advocacy, policy, and professional development. We strive to build a membership of occupational therapy practitioners who take actionable steps to promote the highest standards of evidence-based care. Our aim is to develop impactful leaders in the profession, in order to benefit our consumers and stakeholders, across all practice settings, populations, and geographical locations in Nebraska.

NOTA's Guiding Documents

Bylaws

Job Descriptions

Executive Board Flow Chart

# Membership Benefits

- Reduced rates for continuing education, including our Annual Conference and other CEU opportunities!
- Zoom access for all meetings is available for practitioners throughout the state to participate in regular meetings.
- FREE CEUS on Aspire OT!
- Annual conference with affordable CEUs and access to all recorded sessions on Aspire OT.
- Networking! NOTA brings therapists throughout our state together to share ideas and work to make occupational therapy practice in Nebraska great.
- Monthly email updates and biannual newsletters to keep you informed on what occupational therapy is doing in Nebraska and beyond.
- Access to a Lobbyist to keep you up to date on legislation and regulations impacting OT and how you can make an advocacy difference for OT in Nebraska.
- Leadership opportunities available in all areas of the state. Help make a difference for practitioners in your local area and statewide by joining NOTA!
- A group of 13 Board Members and many other volunteers who work behind the scenes to advance and protect the OT profession in Nebraska.



# Membership Facts

- Nebraska has 1961 licensed Occupational Therapy Practitioners in the state
- NOTA's current membership is 258
- This means only 13% of Nebraska Occupational Therapy Practitioners are part of NOTA
- Personal invitations are the best way to gain new members. Ask a friend to join today!

# NOTA By the Numbers

100% of Board Positions are Filled

34 Attendees at Lobby Day

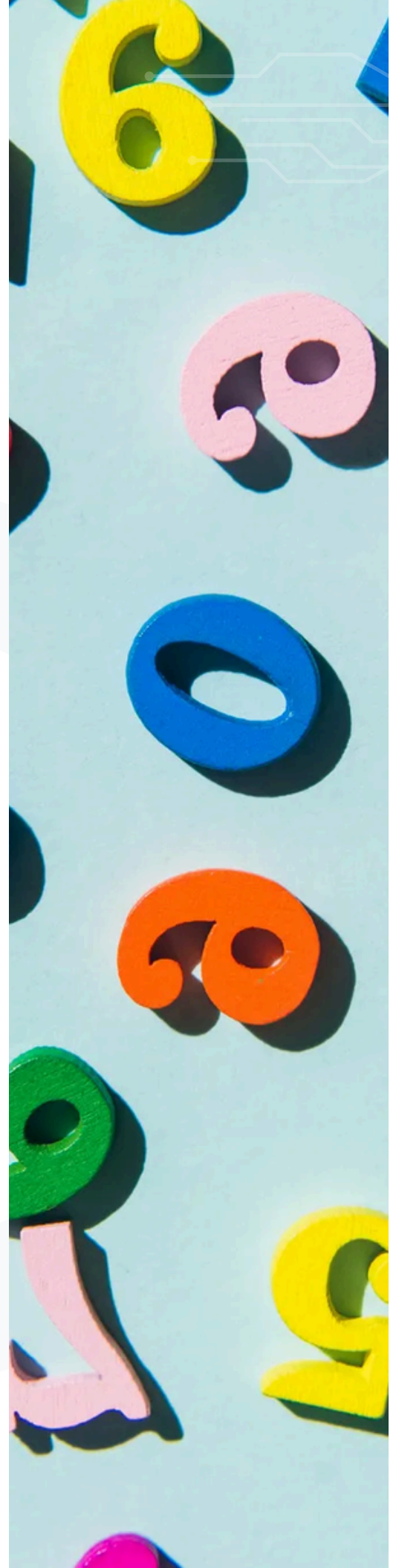
1000+ Estimated Volunteer Hours to  
Keep the Organization Running

5th Annual Elections Held and Voted on  
by Members

Annual Conference Held in Person

46 Member Enrollments in Aspire OT  
courses.

258 Current Members



# 2024 Conference Highlights



In Person Conference at UNMC Health Science Education Complex in Kearney, NE

Over 130 attended in person!

New one day conference layout including four 2 hour sessions in the morning to choose from and four 2 hour sessions in the afternoon to choose from. Two Lunch & Learns were offered over break.

Gold Sponsor: Nebraska Methodist College, 4 Silver Sponsors, 4 Bronze Sponsors, and 4 Friend Sponsors

Sessions are now LIVE on Aspire OT!

# Policy & Advocacy Highlights

Successful Lobby Day with 34 attendees.



Supporting legislation to remove Multiple Procedure Payment Reduction for therapies. Although the bill did not gain traction to pass, advocacy efforts were positive.

Meetings with leadership from PT and speech associations to strengthen relationships.

Meeting with ABA representatives to give feedback on their licensure bill.

Beginning the process to update our scope of practice. Application is submitted and meetings have started to plan for legislation in 2026.

LEGISLATIVE RESOLUTION  
463

## OT MONTH PROCLAMATION

*Recognizing the value of  
occupational therapy in Nebraska.*

Introduced April 3 to the 109th  
Legislature of Nebraska  
by Senator Lynne Walz

**NCTA** Nebraska Occupational  
Therapy Association Inc.

# THANK YOU!

Your  
membership  
makes a  
difference!

Thank you to all of our long-standing members and those who are newer to the organization. Each of you make a difference for the occupational therapy profession in our state, whether it is from your membership, your feedback, writing letters to senators, or being involved on committees. We appreciate each and every one of you! Ask a friend to join so the benefits of NOTA can be shared with more practitioners across the state.

# Contact Us



[www.notaonline.org](http://www.notaonline.org)

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## Social Media

**Instagram:**  
**@nebraskaOT**

**Facebook:**  
**Nebraska Occupational  
Therapy Association**