

Annual Conference March 23rd & 24th, 2018 Nebraska Methodist College – Clark Building 720 N 87th Street Omaha, NE 68114

Pre-Institute:	Jennifer Bogenrief, JD, AOTA Assistant Director of Regulatory		
Perspectives on Healthcare Policy & Practice	Policy		
	Melissa Kimmerling, EdD, MOT, OTR/L, Nebraska RA		
	Cheryl Frickel, OTD, OTR/L NOTA Registered Lobbyist		
	Sam Troia, OT Student		
Keynote Address:			
How to be your best at being an OT!	Brittany (Bennett) Stryker, OTD, OTR/L, BOCO		

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Track 1 (morning track): GoBabyGo: Roles, Research, & Application	Marisa Welch, OTD, OTR/L	
	Stacy Wong, PT, DPT, PCS	
Track 2 (morning track):		
Review of Orthotic Fabrication	Jean Peck, OTL, CHT	
Track 3 (morning track):		
Trauma Informed Care and Occupational Therapy Practice	Andrea Thinnes, OTD, OTR/L	
Track 4 (afternoon track):		
Establishing Best Practices in Teletherapy	Kayla Plutschack, OTD, OTR/L	
Track 5 (afternoon track):		
Using Errorless Learning in Rehabilitation	Kiely Madhavan, Ph.D. , Clinical Psychologist	
	Melissa Anderson, OTD, OTR/L	
Track 6 (afternoon track):		
Designing Accessible and Therapeutic Environments for All Ages	Melody Charleson, OTR/L, CAPS Emily Nielsen, OTD, OTR/L	

Conference At-A-Glance Schedule

Friday, March 23rd

9:30am-12pm: FREE STUDENT Session

• Lauren Sheehan, OTD, OTR/L presenting Charting a Course: The Transition from OT Practitioner to Technology Consultant. To register, please contact <u>jaicy.sutak@methodistcollege.edu</u>.

12:30-1:30pm:

• Registration Opens - Clark Building

1:30-4:30 pm: (3 CEUs)

• Pre-Institute: Perspectives on Healthcare Policy & Practice

4:30-6:00 pm: Clark Building

- Registration Open
- Vendors
- Appetizers / "Mocktails"

6:00-6:30 pm: Clark Building

- Welcome/Awards/Recognition
- Introduction of NOTA Board Members
- Introduction of Gold Sponsor

6:30 -7:30pm: Clark Building

- Keynote Welcome
- Keynote Address (1 CEU)

Saturday, March 24th

7:30-8:30 am:

- Registration
- Networking Breakfast

8:30 am-11:30 pm: Clark Building

• Sessions (3 CEUs)

11:30 am-1:30 pm: Clark Building

- Lunch will be served
- Posters (CEU's given based on # of posters viewed)
- Vendors

1:30-4:30 pm: Clark Building

• Sessions (3 CEUs)

Registration Fees

Registration for conference & membership are available online at <u>www.notaonline.org</u>

**Cancellation Policy: If notification of cancellation occurs prior to March 2nd, 2018, refunds will be given less a \$20 administration fee.

**There will be an additional fee of \$20 when registering the day of conference.

**WEATHER POLICY: Due to the complexity involved with planning conference, any major weather related issues that could result in a registrant being unable to attend will be evaluated on a case by case basis. A refund of *up to 50%* may be considered but is not guaranteed. The conference planning committee would review each individual case once conference is complete and any refund will be given within 30 days.

Continuing Education Sessions

The Pre-Institute and Keynote Speakers are unopposed educational sessions. Participants may choose 1 of 3 continuing education session tracks Saturday morning and 1 of 3 continuing education session tracks Saturday afternoon. Participants cannot move between tracks and will not receive partial credit for attendance of a portion of a course. When you register, you will be required to choose your tracks. Seating is limited for each track, so register early! (Day of conference registration will be available as seating allows.)

	Full Conference (10+ CEUs possible)	Full Conference Early Bird Pricing- Must register by 02/16/2018	Friday Only (4 CEUs possible)	Friday Only Early Bird Pricing- Must register by 02/16/2018	Saturday Only (6+ CEUs possible)	Saturday Only Early Bird Pricing- Must register by 02/16/2018
NOTA Member OTR	\$175	\$160.00	\$100	\$90.00	\$150	\$135.00
Non- member OTR	\$255	\$240.00	\$190	\$180.00	\$230	\$215.00
NOTA Member COTA	\$150	\$135.00	\$85	\$75.00	\$125	\$110.00
Non- member COTA	\$210	\$195.00	\$145	\$135.00	\$185	\$170.00
NOTA Member Student	\$100	\$90.00	\$50	\$40.00	\$85	\$75.00
Non- member Student	\$135	\$125.00	\$85	\$75.00	\$120	\$110.00

Registration for conference is available online at www.notaonline.org.

Keynote Address: How to be your best at being an OT!

Keynote Speaker Qualifications:

Brittany Stryker, BSHS'06, OTD'06, has been named the 2016 Alumni Merit Award (AMA) recipient for the School of Pharmacy and Health Professions. She was recognized with AMA recipients from other Creighton schools and colleges at the President's Alumni Dinner on Sept. 16 during Homecoming 2016.

A 2006 Doctor of Occupational Therapy graduate, Stryker is a leader in the OT profession and an advocate for Creighton's OT program and for children with orthopedic needs. Specializing in neuromuscular, idiopathic and congenital scoliosis, she is currently owner and practice manager for Orthopedic Motion, Inc., an orthotic and prosthetic practice serving every hospital in Las Vegas. Stryker is one of only four providers in the country certified in the LA Brace, one of the most innovative bracing systems, and is credentialed in the treatment of plagiocephaly, braciocephaly, scaphiocephaly and craniosynostosis. She leads the number one practice I the country for cranial remolding and is currently number three in the world.

Stryker leads a values-driven professional life and enriches the lives of those in her community. She founded KIDDOS (Kids in Dire Difficult Orthopedic Situations) to assist infants who have hip abduction. She has partnered with local fire departments and the Safe Kids Foundation to ensure infants are provided safe car seats, and she has served with Project MediShare for Haiti and Project SAVEarth.

Stryker values her Creighton education and goes above and beyond with her support. She sponsors rotation students, coordinates volunteer services with the OT program and provides scholarships for students through her foundation. In 2014, she and her husband, Adam, BSBA'03, created the Adam and Brittany Stryker Endowed Scholarship, the first fully endowed scholarship for Creighton occupational therapy students.

Stryker received the School of Pharmacy and Health Professions Young Alumni Appreciation Award in 2010 and became a member of the SPAHP Alumni Advisory Board in 2013.

She lives in her hometown of Las Vegas, Nev., with her husband, their son, Parks, and newborn daughter, Perrin Rose.

Pre-Institute: Perspectives on Healthcare Policy & Practice

Speaker Qualifications:

Jennifer Bogenrief, JD, AOTA Assistant Director of Regulatory Policy

Jennifer Bogenrief is assistant director in AOTA's Regulatory Affairs Department. Jennifer monitors Medicare policy and writes comment letters on health care policy issues that affect access to and payment for occupational therapy services. In addition, she participates in meetings with the Centers for Medicare and Medicaid Services (CMS) and answers member questions concerning payment policies and interpretation of those policies. Jennifer is on AOTA's Quality Team, which recommends actions to further AOTA's objectives relative to quality and participates in meetings and activities to achieve short and long-term goals. She has worked on health policy issues for the past 16 years. Jennifer holds a B.S. in Business Administration from Creighton University and a J.D. from Creighton University School of Law.

Dr. Melissa Kimmerling EdD, MOT, OTR/L

Dr. Melissa Kimmerling EdD, MOT, OTR/L is the Program Director for the Master in Occupational Therapy

Program at NMC. Dr. Kimmerling has clinical experience in acute care, rehabilitation, skilled nursing, outpatient, and home health. Dr. Kimmerling serves as the Representative from the State of Nebraska to the American Occupational Therapy Association's Representative Assembly. Dr. Kimmerling has presented her practice research locally, regionally, and nationally and has also been a speaker for community-based organizations. Dr. Kimmerling holds her Master's Degree in Occupational Therapy and her Doctorate in Health Professions Education from the College of Saint Mary. Dr. Kimmerling spent three years in full time academic appointment for College of Saint Mary prior to moving into the consulting role and then Program Director role for NMC.

Cheryl Frickel, OTD, OTR/L, NOTA Registered Lobbyist

Cheryl Frickel started as Lobbyist in January 2017. Formerly, Cheryl assisted Steve Bowen, previous NOTA lobbyist, with the creation of NOTA Policy and Advocacy Committee (NOTAPAC) to expand the occupational therapy presence in Nebraska and increase the occupational therapy students' involvement in policy and advocacy. Cheryl attends the Board of OT meetings in Lincoln and communicates with the state Senators to ensure the occupational therapy practice is protected. She aims to advocate for the people in Nebraska to receive health care and occupational therapy skilled services needed by following bills, contacting Senators, and reaching out to practitioners through NOTAPAC and social media. Supporting Cheryl's efforts are OT students and practitioners on the committee that also play integral roles in assisting her with lobbying. Outside of lobbyist, Cheryl is an OT for Madonna Rehabilitation.

Sam Troia, OT Student

After completing his didactic work at Creighton university in May, Sam travelled to Provo, UT to complete his level IIA at the Utah State Hospital focusing on inpatient mental health care for adults on a forensic unit and on the geriatric unit. Sam progressed to level IIB where he travelled to Washington D.C. to be placed on the inpatient spinal cord rehabilitation team at the MedStar National Rehabilitation Hospital. He now finds himself back home in Omaha, NE to work with the NOTA Lobbyist to assist in identifying effective advocacy initiatives to improve awareness and effectiveness of occupational therapy services across Nebraska.

Course Description:

Dynamic panel interaction with AOTA representatives, NOTA representative, and state elected officials. Current health care issues and impact on OT service provision will be discussed. Participants will be encouraged to submit questions.

Course Objectives:

- Identify issues currently affecting OT practice
- Identify specific methods of advocacy for the health care practitioner.
- Discuss specific areas of impact based upon individual practice settings.

Track 1 (morning track): GoBabyGo: Roles, Research, & Application

Speaker qualifications:

Stacy Wong, PT, DPT, PCS

Stacy graduated from Creighton University with her Doctor of Physical Therapy degree in 2010. She is a board certified pediatric clinical specialist, and has worked in the outpatient pediatric setting for the past 7 years. She is also an instructor in Creighton University's Physical Therapy program.

Marisa Welch, OTD, OTR/L

Marisa is a graduate of Washington University's Doctor of Occupational Therapy program, receiving her

degree in December of 2013. She has worked for the past 4-years in a pediatric outpatient therapy clinic and teaching in the Occupational Therapy program at Creighton University.

Together Marisa and Stacy have completed a case study and a feasibility study looking at utilization of the GoBabyGo modified ride-on cars for children with medical complexities. They have also participated in two modified ride-on car builds and are currently collaborating with other GoBabyGo projects.

Course Description:

This short course will introduce the GoBabyGo mobility initiative, present current research, and suggest solutions to common barriers observed for effective implementation of modified ride-on car use. Attendees will discuss the role therapists have in promoting use of modified ride-on cars for early mobility.

Course Objectives:

• Describe the GoBabyGo initiative, recognizing the importance of early mobility and current research supported use of modified ride-on cars to promote participation.

• Demonstrate an understanding of how the modified ride-on car could be used to promote therapeutic interventions.

• Recognize the importance of their role for a child that has or will receive a modified ride-on car, through integration of knowledge.

Track 2 (morning track) : Review of Orthotic Fabrication

Speaker Qualifications:

Jean Peck, OTL, CHT has worked at Creighton/Bergan Medical Center for over 25 years as a Certified Hand Therapist. Orthotic fabrication has always been a favorite part of her job in addition to teaching orthotic fabrication classes at Creighton University for several years. Jean has been fortunate enough to be part of a team of researchers at UNO that utilize 3D printing for orthotics and prosthetics.

Course Description:

For therapists looking for a review of basic orthotic fabrication principles along with hands on fabrication of 3 common orthoses. Each participant will gain skills and confidence in the ability to fabricate these orthoses in his/her clinic.

Course Objectives:

- Demonstrate understanding of basic orthotic fabrication principles
- Demonstrate understanding of diagnoses and appropriate use of orthoses
- Demonstrate familiarity of a variety of thermoplastic materials
- Demonstrate the ability to fit and fabricate three custom orthoses

Track 3 (morning track) : Trauma Informed Care and Occupational Therapy Practice Speaker Qualifications:

Dr. Andrea Thinnes, OTR/L teaches the mental health coursework, mental health clinical experience, and geriatric coursework in the OTD program at Creighton University. She has been an occupational therapist since 2001, working in a variety of traditional and non-traditional settings. She has been teaching at Creighton University since 2006. Her passion is in addressing the mental health of occupational therapy clients in any practice setting as well productive aging. She is also focused on the professional development of students in

preparation for practice working with mental health and wellness and geriatric clients.

Course Description:

This session will define what is known as trauma informed care broadly in health care and specifically in occupational therapy practice. Participants will have a greater understanding of who is affected by trauma, the importance of addressing trauma with clients as well as tools and techniques for addressing trauma.

Course Objectives:

- Define trauma informed care and historical perspective.
- Become familiar with ACEs study and findings.
- Determine intervention options for clients recovering from trauma.
- Discuss applications to program development opportunities for occupational therapy practitioners.

Track 4 (afternoon track): Establishing Best Practices in Teletherapy

Speaker Qualifications:

Kayla Plutschack, OTD, OTR/L graduated from Creighton University in 2010 with a Doctorate in Occupational Therapy. She began her career in acute rehabilitation and travel therapy primarily in adult rehabilitation. She transitioned to school-based therapy using a teletherapy service delivery model in 2016 working for DotCom Therapy.

Course Description:

Teletherapy, an emerging area of occupational therapy practice, is breaking the barrier for the need to travel to rural areas to provide skilled services. This presentation examines guidelines, evaluation and treatment, and pros/cons of the teletherapy service delivery model.

Course Objectives:

• At the conclusion of this session, participants will determine appropriate instructional methods for implementing occupational therapy practice using a teletherapy mode of delivery.

• At the conclusion of this session, participants will determine ethical considerations for utilization of a teletherapy model of service delivery.

Track 5 (afternoon track) : Using Errorless Learning in Rehabilitation

Speaker Qualifications:

Kiely Madhavan, Ph.D. , Clinical Psychologist

Kiely Madhavan is a clinical psychologist in Omaha, Nebraska. She earned a Ph.D. from the University of Cincinnati, and completed a clinical internship and postdoctoral fellowship in neuropsychology at QLI, a post-hospital residential rehabilitation facility. Following her training, Dr. Madhavan remained at QLI where she continues to provide neuropsychological services to individuals recovering from brain injuries and spinal cord injuries. Dr. Madhavan's research has primarily focused on the neuropsychology of epilepsy as well as the utilization of neuroimaging techniques to better understand the neural correlates of language functioning. Dr. Madhavan is a licensed psychologist in Nebraska, and is a member of the American Psychological Association and the International Neuropsychological Society.

Melissa Anderson, OTD, OTR/L

Melissa Anderson is an Occupational Therapist at QLI in Omaha, Nebraska. She earned her doctorate in

Occupational Therapy at Creighton University in Omaha, Nebraska. Following her training, Dr. Anderson remained at QLI where she continues to provide occupational services to individuals recovering from brain injuries and spinal cord injuries.

Course Description:

This presentation will combine the fields of NeuroPsychology and Occupational Therapy to explain neurocognitive basis of Errorless Learning and how it applies to working with patients with acquired Brain Injury. Using this information will broaden to various practice settings in the field of Occupational Therapy.

Course Objectives:

- To better Understand Errorless Learning and how it impacts your treatment for Patients
- To differentiate between Implicit and Explicit Learning
- To see the benefit of incorporating Errorless Learning in a Rehabilitation Environment as well as how it applies in various practice settings

Track 6 (afternoon track): Designing Accessible and Therapeutic Environments for All Ages

Speaker Qualifications:

Melody Charleson, OTR/L, CAPS

Ms. Charleson received her Bachelor Degree in Occupational Therapy from Creighton University in 1990. She has spent most of her career working in adult and geriatric rehabilitation and is an Aging in Place Specialist. Ms. Charleson has a passion for creating accessible environments for all; while maintaining dignity and safety within their homes. Ms. Charleson joined the team at Rebecca Snyder Speech Services, PC, as their first Occupational Therapist in 1998. She was promoted to Director of Occupational and Physical Therapy Services in 2004; developing the Occupational and Physical Therapy services at Rebecca Snyder Speech Services. In 2009, Ms. Charleson became the President of the company and the company name was changed to Snyder Charleson Therapy Services to more accurately reflect the evolution of the company to a multi-disciplinary therapy provider.

Emily Nielsen, OTD, OTR/L

Mrs. Nielsen received her Doctorate of Occupational Therapy from Creighton University in 2010, after finishing her undergraduate work there. She has a strong background in pediatric therapy, with experience working in the school, home, and outpatient settings. Emily is passionate about helping all children, with specialized knowledge in Sensory Integration and Neuro-Developmental Treatments. She holds certifications in the Interactive Metronome and Physical Agent Modalities. She also completed training in Handwriting Without Tears, and Beckman Oral Motor approach, Astronaut Training, and yoga for children with special needs. Mrs. Nielsen has been an Occupational Therapist with KidAbility @ Snyder Charleson Therapy Services since 2012 and is now the Director of Pediatric Services.

Course Description:

This course is "designed" to demonstrate the importance of environmental factors, as well as it's affect on function and behavior of individuals of all ages. Occupational Therapists have a unique skill set and knowledge base that makes them invaluable in assessing individuals, their environments and implementing solutions to create accessible and therapeutic environments.

Course Objectives:

- Define "Therapeutic Environments", "Aging in Place", and "Universal Design".
- Identify individuals of all ages who would benefit from environmental modifications.
- Identify physical barriers and implement solutions.
- Recognize sensory factors to address in designing therapeutic environments.
- Apply environmental design consultation to multiple practice settings.
- Understand funding sources for environmental modifications.

Conference Location/Hotel Information

Hotel Information:

Rooms have been reserved for the NOTA conference at the Staybridge Suites, 7825 Davenport St in Omaha. Reservations can be made by <u>clicking here</u> for the Nebraska Occupational Therapy Association group rate - \$99 Studio Queen/ \$119 One Bedroom Queen. **The deadline for this guaranteed rate is March 9th, 2018.**

Rooms have also been reserved at the Element Omaha Midtown Crossing located at 3253 Dodge Street in Omaha. Reservations can be made by <u>clicking here</u> or by calling 1-877-353-6368 and asking for the Nebraska Occupational Therapy Association (NOTA) group block. Rooms are \$145 per night. **The deadline for this block of rooms is March 2nd, 2018.**

Conference Location:

Nebraska Methodist College – Clark Building 720 N 87th Street Omaha, NE 68114

Location Maps and Parking Information: Visit notaonline.org or <u>click here</u>.

Questions about conference? Contact the NOTA assistant at <u>NOTAassistant@gmail.com</u>.

Thank you to our Gold Sponsor:

